



Intimate Care Policy

GEORGE STREET PRIMARY SCHOOL
"Where Learning Comes Alive"

Approved by

Head Teacher: Angela Hughes

Governing body: George Street Governing body

Last reviewed on: May 2023

Next review due by: Spring 2025



George Street School

Toileting and Intimate Care Policy

This school is committed to safeguarding and promoting the wellbeing of all our children, and expects our staff and volunteers to share this commitment.

1. Introduction

1.1 Intimate care is any care which is associated with invasive procedures relating to bodily functions, bodily products and personal hygiene which demands direct or indirect contact with or exposure of intimate parts of the body, such as cleaning up after a child who has soiled themselves. In addition, some children may need help with dressing/undressing or using the toilet. Most children can carry out these functions themselves but it is recognised that some are unable to due to physical disability, learning difficulties, medical needs or needs arising from the child's stage of development.

1.2 This Intimate Care Policy has been developed to safeguard children, support staff and ensure good practice is followed. At George Street Primary School all staff are checked with the Disclosure and Barring Service (DBS) and we are committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times. We believe that the intimate care of children cannot be separated from other aspects of their learning and development and we believe that every child has the right to feel safe and secure.

We do not discriminate against children who have not reached a stage where they can manage their own personal hygiene and as such welcome all children to participate in our school and provide appropriate support for each child on an individual basis.

We recognise the need to treat all children with respect and dignity when intimate care is given. No child should be attended to in a way that causes distress, embarrassment or pain.

We aim to:

- Safeguard the rights and promote the welfare of all children and young people including those who may be more vulnerable to abuse.
- Provide guidance and reassurance to staff whose duties may include intimate care.
- Assure parents and carers that staff are knowledgeable about personal care and that their individual needs and concerns are taken into consideration.

- Remove barriers to learning and participation, protect from discrimination and ensure inclusion for all children and young people within our setting.

2. Our approach to Best Practice

2.1 Individual intimate care plans will be drawn up for particular children as appropriate to suit the circumstances of the child. (appendix 1)

2.2 Any child who requires intimate care is treated with respect at all times; we recognise that the child's welfare and dignity is of paramount importance. We will work with parents and children to establish a preferred procedure for supporting the child in our care with their personal and intimate needs.

2.3 Where these procedures may require specialist training, we will seek out training for the staff who will be involved in a child's care, ensuring that the child's key-person and at least one other member of staff accesses the training.

2.4 Where possible the child's key-person is responsible for undertaking their care. When this is not possible, a staff member who is known to the child will take on that responsibility. The staff member who is involved will always ask the child for permission to assist them. The child will be supported to achieve the highest level of autonomy that is possible given their age and abilities and staff will encourage them to do as much for him/herself as he/she can. Children will be cared for with dignity and respect for their privacy. Careful consideration will be given to each child's situation to determine how many carers might need to be present when a child is toileted. Where possible one child will be catered for by one adult with a second adult present in the vicinity.

3. Working with Parents

3.1 We believe that our partnership with parents is an essential principle in our setting and is particularly necessary in relation to children needing intimate care. We recognise that the information required to carry out intimate care is available to parents and prior permission must be obtained from parents before intimate care procedures are undertaken (this is part of the admissions process all parents complete before their child starts at George Street School). We acknowledge that cultural and diversity influences may affect what is deemed 'intimate' and ensure we pay regard to social, ethnic and cultural perspectives through open dialogue with parents.

3.2 Parents should be encouraged and empowered to work with staff to ensure that their child's needs are identified, understood and met. This may include Health Care plans and any other plans which identify the support of intimate care where appropriate. Exchanging information with parents is essential through personal contact, telephone or correspondence.

3.3 When any intimate care is carried out on children with individual care plans, it will be recorded on their own personal record (see appendix 1). All information concerning intimate care procedures is recorded and stored securely.

3.4 We appreciate that sometimes children have toileting 'accidents' which are out of character for them. In the event of this, and in the absence of a personal intimate care plan, the child would be fully encouraged and supported to achieve the highest level of autonomy that is possible given their age and ability. Staff will encourage the child to do as much for his/herself as possible and parents will be informed the same day. The parents/carers will be contacted confidentially either in person, by telephone or email.

On the rare occasion that a child is soiled to a point where they are unable to clean themselves to a comfortable state, parents would be contacted immediately so that the child could be taken home for bathing.

4. The Protection of Children

4.1 Child Protection procedures will be adhered to.

4.2 All children will be taught personal safety skills carefully matched to their level of development and understanding to build their confidence and assertiveness about their own body and its worth. Confident and assertive children who feel their body belongs to them are less vulnerable to abuse.

4.3 If a member of staff has a concern about physical changes in a child's presentation, e.g. marks, bruises, soreness etc. s/he will immediately report concerns to the appropriate designated person for child protection.

4.4 If a child becomes distressed or unhappy about being cared for by a particular member of staff, the matter will be looked into and outcomes recorded. Parents/carers will be contacted at the earliest opportunity as part of this process in order to reach a resolution.

4.5 If a child makes an allegation against a member of staff, all necessary procedures will be followed. (See Child Protection Policy and Procedures)

5. Allegations of Abuse

5.1 Personnel working in intimate situations with children can feel particularly vulnerable. This school policy can help to reassure both staff involved and the parents of vulnerable children. Action will be taken immediately should there be a discrepancy of reports between a child and the personal assistants. Where there is an allegation of abuse, the guidelines in the Child Protection procedures will be followed. If staff are concerned about a child's demeanour during or following intimate care, or has responded to or said something that has caused concern during the intimate care, they will report such incidents immediately to one of the Designated Safeguarding Leads who will follow the correct safeguarding procedures.

6. Health and Safety

6.1 Staff should always wear gloves when dealing with a child who is bleeding or soiled or when changing a soiled nappy. (The school will provide gloves, a disposable apron, a bin to dispose of any waste)

6.2 Any soiled waste should be placed in a specifically designated bin for the disposal of such waste. The bin will be emptied by clinical waste removal contractors.

7. Policies

7.1 These guidelines should be read in conjunction with policies:

- Health and Safety Policy
- Child Protection Policy
- Safeguarding Policy
- Administering Medicine Policy
- Confidentiality Policy
- Complaints Policy

7.2 The Head teacher and governing body reviews this policy every two years. The governors may, however, review the policy earlier than this, if the government introduces new regulations.

Appendix 1 (Letter to Parents)



George Street Primary School
Intimate Care Plan

Name:	Date of birth:	Class
Intimate care plan, including frequency / times, location.		
Working towards independence, support & guidance for intimate care.		
Equipment required	Supplies provided by family	
Adaptations? NA		
Child's communication of needs		
Additional information		
Members of staff conducting intimate care		

Signed:
 Parent/ Carer Date
 Class Teacher Date