



George Street Primary School

“Believing in Every Child”

George Street
Hemel Hempstead
Herts
HP2 5HJ
admin@georgestreet.herts.sch.uk

Headteacher: Angela Hughes
TEL: 01442 255638
www.georgestreet.herts.sch.uk

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Dear Parents and Carers,

As we continue to support the children in our Reception class, we would like to take a moment to share our approach to behaviour and the expectations we have for children aged four and five, in line with the **Early Years Foundation Stage (EYFS)** and the **Personal, Social and Emotional Development (PSED)** curriculum.

At this stage of development, children are still learning how to manage their emotions, understand boundaries, and build positive relationships with others. PSED is a key area of learning in Reception and focuses on helping children to:

- Develop confidence and independence
- Learn how to recognise and manage their feelings
- Build relationships and cooperate with others
- Begin to understand rules, routines, and expectations

It is important to recognise that behaviour at this age is a **form of communication**. Four- and five-year-olds are still developing self-regulation skills, such as waiting for a turn, coping with frustration, following instructions, and resolving conflicts. These skills take time, practice, and consistent support from adults.

In Reception, we encourage positive behaviour by:

- Using clear routines and expectations
- Modelling kindness, respect, and calm behaviour
- Teaching children the language to express their feelings
- Supporting children to solve problems and make good choices
- Praising effort, kindness, and positive interactions

We understand that children may sometimes display behaviours such as finding it hard to share, becoming upset, struggling to listen, or reacting physically or verbally when emotions feel overwhelming. **These behaviours are developmentally appropriate**, and our role is to guide children through them, helping them learn more appropriate ways to respond.



We ask for your support at home by:

- Talking with your child about feelings and emotions
- Encouraging independence and resilience
- Reinforcing routines and expectations
- Modelling calm and respectful communication

By working together, we can help children develop the emotional and social skills they need to feel safe, confident, and ready to learn.

If you have any questions or would like to discuss your child's development further, please do not hesitate to speak to a member of the Reception team.

Thank you for your continued support.

Kind regards,

Angela Hughes
Headteacher

