

Dear Parent/Carers,

In this DSPL8 Parent/Carers Newsletter please find the following:

<u>DSPL8 Courses & Support</u>	<u>Booking Link/Website</u>
DSPL8 Staffing update	Please read update on page 2
Neurodiversity Celebration Week 18th - 24th March: Celebrating different minds	https://www.neurodiversityweek.com/
Mini Consultations for Parent/Carers of children with Autism/ADHD: 24.04.2024	https://advanceconsApr24.eventbrite.co.uk
Navigating Transition: 11.06.2024— 02.07.2024	Navigating Transitions Dacorum - Bounce Forward
Summer Term DSPL8 Parent/Carer Support	https://dacorumdspl.org.uk/wp-content/uploads/2023/07/DSPL8-Parent-Carer-Support-2023-24.pdf https://dspl8.eventbrite.co.uk/

Dacorum Parent/Carers Courses and Support newsletter:

<u>Dacorum Parent/Carers Courses & Support</u>	<u>Booking Link/Website</u>
Parenting Courses and Support in Dacorum Summer Term 2024	Online resources for parents and carers DSPL (dacorumdspl.org.uk)
HAPpy Camps	https://bit.ly/BO1E24HAPpyCamps
Herts Have Café Launch Day: 21.03.2024	See details on page 2
NESSie Webinars	nessieined.com
Services for Young People Eater Holiday Ac- tivity Programme	Support for young people (servicesforyoungpeople.org)
Neurodiversity Support Hub	See details on page 5
SEND Drop-in sessions	See flyers on pages 6-7
Parenting Courses and Support in Dacorum SummerTerm 2024	Online resources for parents and carers DSPL (dacorumdspl.org.uk)

Both documents can be downloaded from our website, via the following link:

<http://www.dacorumdspl.org.uk/online-resources-for-parents-and-carers/>

Kind Regards,

DSPL 8 Team – Ruth Mason, Faye Lyness & Ashley Fabray



DSPL8 Staffing Update

New DSPL8 Area SEND Lead:



We are pleased to welcome our new DSPL8 Area SEND Lead, Faye Lyness.

Faye has started her position with us this half term and comes with a wealth of knowledge and a background in children with additional needs and disabilities.

Faye's contact email address is: lynessf@kls.herts.sch.uk

A message from Ashley Fabray, DSPL8 Support Officer:

"I will be leaving my role as DSPL8 Support Officer at the end of term to take on a new challenge in the Corporate world.

I have really enjoyed my time working for DSPL8 and with Schools and Families; it has been a great pleasure working with you all, thank you for your support over the years and I wish you all well.

All the best, Ashley."

Please bare with us, in the interim whilst we appoint a for a new Support Officer.



Neurodiversity Celebration Week 18th - 24th March: Celebrating different minds

There are lots of events happening over the week, click the link below to find out more and how to sign up:

<https://www.neurodiversityweek.com/>

Neurodiversity Celebration Week 2024 Events

Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
<p>09:30 - 10:30</p> <p>An Introduction to Neurodiversity</p>	<p>08:00 - 08:45</p> <p>Neurodiversity at Work Q&A: Ask the Experts</p>	<p>08:00 - 08:45</p> <p>Neurodiversity at Work Q&A: Ask the Experts</p>	<p>08:00 - 08:45</p> <p>Neurodiversity at Work Q&A: Ask the Experts</p>	<p>08:00 - 08:45</p> <p>Neurodiversity at Work Q&A: Ask the Experts</p>
<p>11:30 - 13:00</p> <p>Neuro-inclusive Language & Communications</p>	<p>09:30 - 11:00</p> <p>Culture, Community and Class in Neurodiversity: Who Gets Left Behind?</p>	<p>9:30 - 11:00</p> <p>Neurodivergent & LGBTQIA+: The 'Double Rainbow' Intersection</p>	<p>9:30 - 11:00</p> <p>Neurodiversity for HR Professionals</p>	<p>9:30 - 11:00</p> <p>Neurodiversity: Understanding Alternative Education Provision</p>
<p>13:30 - 15:00</p> <p>Neurodiversity: We Don't All Fit into One Box!</p>	<p>12:00 - 13:30</p> <p>The Benefits of Neurodiversity in the Workplace</p>	<p>12:00 - 13:30</p> <p>Connecting Classrooms to Careers: Neuro-inclusive Tech for Future Leaders</p>	<p>12:00 - 13:30</p> <p>Late Discovered Autism & Menopause</p>	<p>12:00 - 13:30</p> <p>The Experiences of Neurodivergent Women & Girls</p>
<p>15:30 - 17:00</p> <p>Neurodiversity in Higher & Further Education</p>	<p>14:30 - 16:00</p> <p>Creating a Neuro-inclusive Classroom</p>	<p>14:30 - 16:00</p> <p>Neurodivergence isn't a Mental Health Problem</p>	<p>14:30 - 16:00</p> <p>Empowering Yourself as a Neurodivergent Woman in the Workplace</p>	<p>14:30 - 16:00</p> <p>Global Perspectives: Neurodiversity around the World</p>
 <p>Neurodiversity Celebration Week 18 - 24 March, 2024</p>	<p>16:30 - 18:00</p> <p>Neurodiversity: Fuelling Creative Minds</p>	<p>16:30 - 18:00</p> <p>Understanding Neurodiversity as a Family</p>	<p>18:30 - 20:00</p> <p>Neurodiversity for Parents & Carers</p>	<p>16:30 - 18:00</p> <p>Good Practice for Neurodiversity Professionals</p>



Mini Consultations for Parent/Carers of children with Autism/ADHD: 24.04.2024

The April consultations are now open for booking via:
<https://advanceconsApr24.eventbrite.co.uk>

Free mini consultations for
parent/carers in Dacorum

Facilitated by ADHD/Autism
Specialist Coaches
from ADD-vance



Dacorum DSPL Area 8 are pleased to offer Mini Consultations For Parent/Carers of children with Autism/ADHD

DSPL 8 will be funding ½ hour individual sessions for parents of children with ADHD and/or Autism (diagnosed or suspected).

This session will be with a trained ADD-vance coach to address one issue in your family life you would like advice or support on. The session will take place over Zoom.

You need to book a 30 minute session at Eventbrite—www.dspl8.eventbrite.com for one of the following date and times (bookings open monthly on Eventbrite):

Wednesday	24.04.2024	10:00 - 11:30
Tuesday	14.05.2024	10:00 - 11:30
Thursday	06.06.2024	19:00-20:30
Wednesday	03.07.2024	10:00 - 11:30

You will receive an email directly from ADD-vance, with a zoom invite link nearer the date.

More consultation sessions will be available next month.

[Navigating Transition: 11.06.2024—02.07.2024](#)

For more information and to register: [Navigating Transitions Dacorum - Bounce Forward](#)



Navigating Transitions

For parents in Dacorum



A four-session online course for parents

Children and young people will face many transitions throughout their lives. Change and uncertainty is something we can help children learn to navigate.

How do we support children to deal well with times of change?

Whether the move is from primary to secondary, to a new school or setting, or to a new teacher or class. It can be an anxious time for parents.

Join Bounce Forward for a series of four 60-minute sessions starting 11th June at 8pm.

We'll explore how to support children to face transitions with mental resilience and you'll receive downloadable activities to use at home.

Knowing how best to manage your own emotions, worries and actions is vital for supporting children in the best way possible.

Register now →



Summer Term DSPL8 Parent/Carer Support

Please find below the Summer Term parent/carers support; bookings will open monthly on Eventbrite, via: <https://dspl8.eventbrite.co.uk/>

To view the full Parent/Carer Support for 2023-24, via: <https://dacorumspl.org.uk/wp-content/uploads/2023/07/DSPL8-Parent-Carer-Support-2023-24.pdf>

DSPL8 Parent/Carer Support 2023-24

Please find below the support available to parent/carers of a child with SEND, who attends a school or resides in Dacorum.

Dates for the Autumn, Spring & Summer Terms are available overleaf.

ADD-vance Mini Consultation

Free mini consultations for parent/carers in Dacorum. Facilitated by ADHD/Autism Specialist Coaches from ADD-vance. DSPL 8 will be funding ½ hour individual sessions for parents of children with ADHD and/or Autism (diagnosed or suspected). This session will be with a trained ADD-vance coach to address one issue in your family life you would like advice or support on. The session will take place over Zoom. **Dates are released monthly on Eventbrite. Book a 30 minute session via Eventbrite: www.dspl8.eventbrite.com**



Emotional Based School Avoidance (EBSA) Coffee Mornings

Free for parent/carers in Dacorum. Our DSPL8 SEND School Family Workers will be hosting an informal coffee morning for you to share experiences and support each other with your child's school avoidance. **Dates are released monthly on Eventbrite. Register your attendance via Eventbrite: www.dspl8.eventbrite.com**



SEND Surgeries

Dacorum Family Services North & East: our Partnership are offering a 30 minute session with our SEND School Family Workers to answer questions and to offer support and signposting for parents/carers of children with additional needs. **To book, please go to www.dspl8.eventbrite.com and choose a 30 minute session, providing details of the topic that you would like to cover. Dates are released monthly on Eventbrite.**



Gade support School Family Support and Kings Langley Partnership:

our Partnership has a specialist Family Support worker who works with families of children with SEND. We will support parents in school and with parents at home, will provide practical advice, guidance and support on all aspects of SEND. We offer SEND surgeries in our community offices and these can be booked by contacting your school and requesting support.



See the end of the document for a list of schools in each Partnership.

Bounce Forward Courses

These courses are offered Free for parent/carers in Dacorum. Bounce Forward are facilitating 3 online courses to help parent/carers support your children with the following:



- Raise Resilience
- Anxiety Unravelling
- Navigating Transition

If you are unable to attend the live session, the courses are recorded and emailed to attendees, who have pre-registered, to watch at a more convenient time.

Booking is directly with Bounce Forward and booking links will be advertised in the previous half term.

Website: www.dacorumspl.org.uk
Facebook: www.facebook.com/dspldacorum

Email: dspl@kls.herts.sch.uk
Instagram: https://www.instagram.com/dspl_dacorum/

Continue overleaf.....



Summer Term DSPL8 Parent/Carer Support continued....

DSPL8 Parent/Carer Support 2023-24

Please find below the support available to parent/carers of a child with SEND who attends a school or resides in Dacorum

Summer 2024 Term

<p><u>ADD-vance</u> <u>Mini Consultation</u></p> 	<p>24/04/2024 14/05/2024 06/06/2024 03/07/2024</p>	<p>10.00-11:30 10.00-11:30 19:00-20:30 10.00-11:30</p>	<p>Online <i>(see more information and booking link on front page)</i></p> <p>You will receive an online meeting link directly from ADD-vance</p>
<p><u>Emotional Based School</u> <u>Avoidance (EBSA)</u> <u>Coffee Mornings</u></p> 	<p>21/05/2024 03/07/2024</p>	<p>10:30-12:00 10:30-12:00</p>	<p>Venue TBC</p>
<p><u>SEND Surgeries:</u> <u>Dacorum Family Services</u> <u>North & East</u></p> 	<p>14/05/2023 02/07/2024</p>	<p>09:30-12:30 09:30-12:30</p>	<p>Online <i>(see more information and booking link on front page)</i></p> <p>You will receive an online meeting link directly from the DSPL8 SEND School Family Workers</p>
<p><u>Bounce Forward Course:</u> <u>Navigating Transitions</u></p> 	<p>11/06/2024 - 02/07/2024</p>	<p>20:00-21:00</p>	<p>Online Booking Link: TBC</p>

Dates are released monthly on Eventbrite
(accept Bounce Forward courses, which are booked directly)
Register your attendance via Eventbrite: www.dspl8.eventbrite.com

Website: www.dacorumdspl.org.uk
Facebook: www.facebook.com/dspldacorum

Email: dspl@kls.herts.sch.uk
Instagram: https://www.instagram.com/dspl_dacorum/



DSPL7 & DSPL8 Emotional Based School Avoidance coffee mornings**No Booking Required.**Delivering Special
Provision LocallyServices for
Young People**Emotional Based School Avoidance**

Suitable for parents/carers of children in year 7 - 11, in DSPL7 & 8.

This EBSA coffee morning is aimed at parents and carers who have a child in year 7 - 11 who is not attending school as a result of emotional, mental health and wellbeing issues. The children and young people can also attend. This event is being run by DSPL7 & 8 with Services for Young People.



This will be taking place at Hemel Hempstead Young People's Centre, 1st Floor, XC centre, Hemel Hempstead, from 9:30 - 11:30am on the following dates:

- 19th October
- 21st March
- 28th November
- 7th May
- 25th January

There is no need to book this event.



admin@dspl7.org.uk



01727 519229



www.dspl7.org.uk



Local School Partnership's

Student and Family Support Services

Gade Schools Family Support and Kings Langley Partnership



As part of the Partnership of Dacorum Schools Gade and Kings Langley Schools Family Support are able to provide families with a range of support services.

Parent Support Services—We have a team of Family Support workers who are available to work in school and with parents at home. Our support workers can work with families on any range of issues and will provide practical advice, guidance and support.

Pupil Support Services—Our Partnership has Pupil Support workers who are available to work with children in school to support them with their behaviour, emotional wellbeing and how to overcome difficulties they may be facing. Our workers offer support groups in school or will work with children on a one to one basis at school. If you feel your child needs support, please contact your school directly to request this support.

SEND Support—Our Partnership has a specialist Family Support worker who works with families of children with SEND. We will support parents in school and with parents at home, will provide practical advice, guidance and support on all aspects of SEND. We offer SEND surgeries in our community offices and these can be booked by contacting your school and requesting support.

Parent Courses and Workshops – We will regularly host a range of courses and workshops for families on a range of different themes including managing challenging behaviour, managing teens, transition to secondary school, developing confidence and self-esteem and a range of other themes.

Parent Surgeries – As a Service we host a range of one to one advice surgeries on Housing Advice, Debt Management Advice, Autism Support and Advice, SEND Support and Advice. Various dates are available and are published on our web site www.gadeschoolsfamilysupport.co.uk

Schools can refer families to our Services however families can refer directly if they would like to speak with a member of staff directly and in confidence please contact the Partnership Office on 07538 232069 .

Our Service is only able to work with Parents who have children in one of our Partnership Schools. Schools in our Partnership are:

Kings Langley Partnership: Kings Langley Secondary, Kings Langley Primary, Sarratt Primary, St Pauls School, Chipperfield, Bovingdon Primary Academy, Nash Mills Primary, Bedmond Village Primary

Gade Schools Family Support: John F Kennedy, Hemel Hempstead School, The Cavendish School, Chaulden Infants and Junior Schools, Boxmoor Primary, St Roses Infants, Micklem Primary, Galley Hill Primary, South Hill Primary, George Street School, Gade Valley School, St Cuthbert Mayne, Two Waters Primary, Pixies Hill Primary, Heath Lane Nursery, The Collett School

www.gadeschoolsfamilysupport.co.uk

Partnership Office: 07538 232069



Dacorum Family Services North & East**What we offer**

- 1-2-1 sessions with our family workers
- Home visits
- Surgeries at your local school/virtual
- SEND Surgeries at your local school/virtual
- Subject specific online workshops
- Parenting advice and courses
- Help to access local services
- Signposting to counselling & wellbeing services
- Signposting to adult learning and development
- Positive activities for children, young people and their families
- 1-2-1 support for children and young people
- Domestic abuse support
- Family breakdown support
- Debt advice & signposting
- Specialist SEND support
- Wellbeing advice for children and young people

DFS North & East Partnership Schools

St Albert the Great, *Adeyfield, Aldbury, Ashlyns, Astley Cooper, Aycliffe Drive, Belswains, *Brockswood, Chambersbury, Bishop Wood, Bridgewater, Broadfield, DESC, Dundale, Flamstead, Gaddesden Row, Goldfield, Great Gaddesden, Greenway, Grove Road, Hammond, Haywood Grove, Hobbs Hill Wood, Hobletts Manor Infant, Hobletts Manor Junior, Holtsmere End Infants, Holtsmere End Junior, Jupiter, Leverstock Green, Lime Walk, *Longdean, Little Gaddesden, Long Marston, Maple Grove, *Markyate, Potten End, Reddings, Roman Fields, St Bartholomews, St Mary's, St Thomas More, Swing Gate, The Thomas Coram, Tring, Tudor, Victoria, Westfield, Woodfield, Yewtree

*Signposting service only

**Free,
Confidential
Advice and
Support
Service for Local
Families**

School Family Worker

A personal and confidential service that addresses any needs or concerns raised by the family or school

**SEND School Family Worker**

Specialist support for higher need SEND families

**Pupil Support Worker**

Specialist support for pupils to address an identified concern highlighted by the school or family. 1-2-1 and group work specific programmes



Dacorum Family Services North & East
Office: 01442 401222 Ext 5
www.dacorumfamilyservices.org.uk
Term Time only



Carers in Hertfordshire

Making Carers Count

About Us

Carers in Hertfordshire is the leading countywide charity for unpaid carers looking after a partner, relative, friend or neighbour due to illness, frailty, mental health needs, disability or substance misuse.

We support all carers - children and adults - living, working or caring in Hertfordshire, and bereaved carers for three years after the death of the person they cared for.

Carers do not have to live with the person they are looking after to receive help and advice.

For more information about our services or how you can support our work, see the contact details below.

Join the online conversation!

Find us on Facebook www.facebook.com/carersinherts

Twitter [@CarersinHerts](https://twitter.com/CarersinHerts) and LinkedIn

www.linkedin.com/company/carers-in-hertfordshire and our Carers in Hertfordshire YouTube Channel



To contact Carers in Hertfordshire

Write to: Carers in Hertfordshire, The Red House,
119 Fore Street, Hertford, Herts, SG14 1AX.

Call: 01992 58 69 69

Email: contact@carersinherts.org.uk

Visit: www.carersinherts.org.uk



ISL SEND Duty Lines & SEND advice lines for Parents/Carers

<https://www.hertfordshire.gov.uk/microsites/local-offer/contact-a-send-service.aspx>

ISL St Albans and Dacorum Monday – Friday: 9am – 5pm STADAC.ISLTEAM@hertfordshire.gov.uk

Specialist advice lines

Specific Learning Difficulties (SpLD)

01442 453 920 (term time only) Thurs, 9.30am - 12pm

Speech, Language, Communication and autism Needs (SLCA)

01442 453 920 (term time only) Tues and Weds, 1.30pm - 4pm

Early years (0 - 5)

01442 453 920 (term time only) Weds 9am - 12pm and Thurs 1.30pm - 4pm

Physical and neurological impairment team (PNI)

01442 453 920 (term time only) Mondays, 1.30pm - 4pm

West team Attendance Duty

01442 454 778 Monday –Friday 9:30am-4pm

Education Support for Medical Absence (ESMA)

<https://www.hertfordshire.gov.uk/microsites/local-offer/education-support/get-help-to-access-learning/education-support-for-medical-absence.aspx>

Children and young people's therapy services

(Advice from occupational therapists, physiotherapists and speech and language therapists) 01923 470680 – select Option 3 for the therapy service. Callers then choose to use the service Advice Line (select 1) or to speak to an administrator (select 2). Or email hct.cyptherapies1@nhs.net



SUPPORT

ADD-vance Helpdesk is open from 9am to 1pm every weekday via 01727 833963 or email to herts@add-vance.org Website - www.add-vance.org Facebook – www.add-vance.org/parents/



Hertfordshire Local Offer The Local offer lets parents and young people know what special education needs and disabilities services are available in Hertfordshire and who can access them. <https://www.hertfordshire.gov.uk/microsites/Local-Offer/The-Hertfordshire-Local-Offer.aspx>



Herts Help a network of community organisations in Hertfordshire working together. We're here to listen and help you find independent support, guidance and information you need to get the most out of life. Call us on **0300 123 4044** or email info@hertshelp.net



Hertfordshire SENDIASS is an impartial **Special Educational Needs and Disability Information, Advice and Support Service (SENDIASS)**. Contact SENDIASS on: sendiass@hertfordshire.gov.uk or 01992 555 847



Hertfordshire Additional Needs Database (HAND) voluntary register of disabled children and young people aged 0-25. By joining the register, you can get discounts at places around the county (and beyond). Contact via: <https://www.hertfordshire.gov.uk/microsites/local-offer/courses-and-activities-in-hertfordshire/hertfordshire-additional-needs-database.aspx> or email hand@hertfordshire.gov.uk



Families First Hertfordshire for services that work together to support families who need extra help. These are also known as early help services.

<https://www.hertfordshire.gov.uk/microsites/families-first/families-first.aspx>



Benefit entitlement - If you care for a child or young person with a disability or if you have a disability yourself, you may be able to claim a range of benefits including Disability Living Allowance and Carers Allowance. For more information on available benefits and entitlement go to:

<https://www.carersuk.org/help-and-advice/financial-support>



Carers in Hertfordshire provides advice, information and support to unpaid carers. Website - www.carersinherts.org.uk Telephone – 01992 586969 (9am-5:30pm Mon-Thurs & 9am-4:30pm Fri)



Hertfordshire Mind - If you are experiencing a mental health crisis and would like someone to talk to, you can call our **Crisis Helpline**. Available to provide emotional support 24 hours a day, every day of the week. To contact the helpline please call us on **01923 256391**.





Hertfordshire Wellbeing Service offers free, confidential talking therapy and practical support for people 16+ experiencing a wide range of common emotional difficulties such as, anxiety, worry, low mood, depression and stress. <http://talkwellbeing.co.uk/>



Healthy Young Minds in Herts - Wellbeing advice and tools for young people, parents and carers. <https://www.healthyyoungmindsinherts.org.uk/>



Just Talk Herts – Mental Health support and advice for young people. www.justtalkherts.org



Family Lives – Parenting and Family support Helpline 0808 800 2222



Foodbanks - <https://dacorum.foodbank.org.uk/get-help/>



Domestic Abuse Help - www.gov.uk/guidance/domestic-abuse-how-to-get-help



Hertfordshire County Council Children's Services - 0300 123 4043



Samaritans - 116 123



ChildLine - 0800 1111



Herts Parent Carer Involvement HPCI – Independent parent carer led organisation which aims to improve services for children and young people who have SEND – 07840 360 245

<https://www.hertsparentcarers.org.uk/>

With YOUTH - Our digital service provides support to children and young people who are experiencing mental health needs or would like support with their emotional wellbeing. Open **Monday –**



Friday from 2pm – 10pm. Find more information via: <https://www.withyouth.org/> or call us on **0208 189 8400**

