



# George Street Primary School

“Where Learning Comes Alive”

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Dear parents/carers

On 27.02.25 we have Mike Mullen, former UK & World Halfpipe Champion from BMX Academy, visiting us to deliver a growth mindset assembly and run practical BMX workshops for the older children.

Your child has been invited to take part in the BMX workshops with Mike. The workshops include:

- Fun bike control challenges
- Small jumps and tricks
- Growth Mindset and Resilience themed messaging

Bikes will be provided so children do not need to bring their own. Helmets will be provided but if possible please can your child bring their own cycle helmet to ensure a good fit and reduce set up time.

Children will need trainers and PE kit with long trousers/leggings. Any long hair tied in a low pony tail or plait to ensure helmets fit properly.

The workshops include low level tricks which are achievable, yet allow children to challenge themselves, taking small risks to build confidence and self belief.

Any activity using BMX bikes does carry a risk. All efforts are made to ensure the workshop is safe and enjoyable for all participants. By signing below you agree to your child taking part in the workshop, accepting the risks outlined in the risk assessment below.

Childs name ..... Year Group .....

Are they able to ride a bike without stabilizers? .....

Your name .....

Signed .....